

EpiscoCare Health Program Acquittal Report to ABM

Project Details

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Completed Project Activities

Goal 1: Improve public awareness in the target communities about health issues and enable people to obtain better primary healthcare.

Objective 1: By the end of the project, public health awareness will be improved for 350 people.

Our centers conducted 28 health awareness meetings in the target community center as following:

S	CENTRE	Number of meetings	Number of beneficiaries
1	Ras El Soda, Alexandria	4	95
2	Tawabek, Giza	4	70
3	Ain Shams, Cairo	4	50
4	Ezbet El Nakhl, Cairo	5	55
5	Madinet El Salam, Cairo	4	60
6	Boulaq, Cairo	3	55
7	Arab El Ma`mal, Suez	4	55
	Total	28 Meetings	440 beneficiaries

The topics that were covered in the communities were on hepatitis and anemia prevention, , treating worms' infestation, and the healthy nutrition. The main outcomes of the meetings were:

- Women gained awareness about different types of the hepatitis and ways of prevention and treatments.
- Women gained awareness about anemia and ways of prevention and healthy
- Women have the knowledge about breast cancers, self-checking and early discover of tumors.



- Women have the knowledge of different types of worms' infestation and ways of prevention.
- Women have the practices of cleaning their homes and follow good practices of personal hygiene with their children
- Women have the practices of preparing healthy foods with cheapest costs.





Objective 2: By the end of the project, primary health services will have been provided for 350 women and 350 children.

Episcocare developmnt centers implemented medical checkups and lab investigations for **659** beneficiaries, **345** children (**192** girls and **243** boys), **224** adults (**222** women and **2** men). The children investigations were to discover anemia and intestinal worms. The adults' lab investigations were of hepatitis B& C, and diabetes.

The following table describes the beneficiaries of the lab investigations in the centers:

S	CENTRE	435 Children		224 Adults		659
		192 Girls	243 Boys	222 Women	2 Men	Total beneficiaries
1	Ras El Soda, Alexandria	71	88	49	1	209
2	Tawabek, Giza	21	21	32	0	74
3	Ain Shams, Cairo	24	26	7	0	57
4	Ezbet El Nakhl, Cairo	27	23	30	0	80
5	Madinet El Salam, Cairo	18	32	65	0	115
6	Boulaq, Cairo	1	0	0	0	1
7	Arab El Ma`mal, Suez	30	53	39	1	123
	Total	192	243	222	2	659



As well, the centers provided treatments for **505** beneficiaries, **239** children (**103** girls and **136** boys), **266** adults (**260** women and **6** men).

The following table describes the beneficiaries of the medical treatment in the centers:

S	CENTRE	239 Children		266 Adults		505
		103 Girls	136 Boys	260 Women	6 Men	Total beneficiaries
1	Ras El Soda, Alexandria	26	25	49	1	101
2	Tawabek, Giza	20	21	30	0	71
3	Ain Shams, Cairo	22	23	28	0	73
4	Ezbet El Nakhl, Cairo	10	12	30	0	52
5	Madinet El Salam, Cairo	13	23	51	0	87
6	Boulaq, Cairo	3	1	33	4	41
7	Arab El Ma`mal, Suez	9	31	39	1	80
	Total	103	136	260	6	505

The results of the lab investigations, the medical check-ups and the treatment have been helped in:

- **137 poor children** fully healed from the intestinal worms.
- **108 poor children** who suffered from anemia improved their healthy conditions and decreased the anemia percentages.
- **200 poor adults** improved their health conditions.
- **83 poor women** from Boulaq center got nutrition meals.
- **20 poor children** from Madinet El Salam got nutrition meals.







Goal 2: Improve the environment in the target communities and increase beneficiaries' capabilities to maintain a healthy environment.

By the end of the project, the environmental awareness has improved in the target communities.

Episcoare development centers held 7 environmental awareness courses in the target community center as the following:

s	CENTRE	Number of meetings	Number of beneficiaries
1	Ras El Soda, Alexandria	1	52
2	Tawabek, Giza	1	82
3	Ain Shams, Cairo	1	50
4	Ezbet El Nakhl, Cairo	1	65
5	Madinet El Salam, Cairo	1	50
6	Boulaq, Cairo	1	83
7	Arab El Ma`mal, Suez	1	50
	Total	7	432

The topics covered focused on the practices personal, public, and housing cleanness. The main outcomes of the meetings were:

- Women have the knowledge and skills of the diseases related to cleanness less.
- Women have the knowledge and skills of washing foods before cooking.
- Women have the skills of exchanging the health environmental practices with their relatives and neighbors.







Goal 3: Improve women's reproductive health.

Objective 1: By the end of the project, medical care will have been provided for 70 pregnant women in 7 communities.

127 pregnant women obtained medical check-ups and lab investigations during their pregnancy, as well, 88 women provided with treatment to improve their healthy conditions to complete their pregnancy peacefully.

The following table describes the beneficiaries over the centers:

S	CENTRE	Check-ups / lab investigations	Treatment
1	Ras El Soda, Alexandria	11	11
2	Tawabek, Giza	11	11
3	Ain Shams, Cairo	39	16
4	Ezbet El Nakhl, Cairo	20	20
5	Madinet El Salam, Cairo	39	23
6	Arab El Ma`mal, Suez	7	7
	Total	127	88



Goal 4: Develop field coordinator capabilities and attitudes regarding healthcare topics and the use of awareness tools.

By the end of the project, the knowledge, skills and attitudes of 25 health and environment coordinators and volunteers will be improved.

One training workshop was implemented for 23 trainees (14 programs staff and 9 volunteers) about the following healthcare awareness topics:

- Advocate for the practices of personal hygiene.



- The requirements of the public cleanness.
- Anemia and related diseases with treatments.
- Advocate for healthy and nutrition meals.
- Types of infestation worms with treatments.



