## **ABM**Anglican Board of Mission - Australia Working for Love, Hope & Justice

Friday, January 23, 2015

## ABM's resources for Lent encourage prayer & reflection

This Lent ABM has produced a number of resources to encourage Anglicans to reflect and pray along with our global neighbours.

The 2015 Lent App can be downloaded for free onto any iPhone, iPad or Android device and includes stories, Bible readings and prayers for each day during Lent.

Professor William Loader has written Bible studies based on the readings for each Sunday during Lent.

The resources were produced by ABM Education Officer, Jasmine Dow who said, "Lent provides us with an opportunity to reflect and turn toward God."

"ABM has tried to create resources that will be easy to access and meaningful in the way they call us to listen for God in the words of scripture and the stories of our brothers and sisters throughout the world," she said.

Each Lent, ABM supporters also have the opportunity to give to a small number of projects and reflect on what mission means.

In 2015 two projects in Kenya need your support. Help develop leadership and management training as well as the Integrated Livelihood Program which works with partners in Kenya, to improve locals livelihood and increase their resilience to the effects of climate change

In eastern Kenya, people experience long periods of drought so often that these conditions have become part of everyday life.

A 3-year integrated food security program has been introduced to work with women and men with small farms, providing training in new agricultural techniques and teaching them environmental conservation measures to improve productivity.

This program has also introduced drought resistant seeds and drip irrigation for vegetable farms which are close to the rivers or sand dams so that even with only very little water, farmers and their families can plant vegetables to eat and even to sell during drought periods.

You can help change more lives by supporting this project and donating at <u>www.abmission.org</u>.

You can also download the Lent resources at <u>www.abmission.org/lent2015</u>. These studies will be published in the Lent edition of Partners magazine which also features a suggested action for every day during Lent.

## ENDS – Caption on page 2.

The Anglican Board of Mission (ABM) is the national mission agency of the Anglican Church of Australia. For over 160 years ABM has been assisting people all over the world to proclaim the Gospel of Jesus Christ, provide health and education services, improve agricultural practices and strengthen the Church.



**CONTACT DETAILS** 

Contact Elizabeth Baker at <u>media@abm.asn.au</u> or on 0425 814 134. A high res photo attached for your use. Caption: The Integrated Livelihood Project in Kenya provides training in new agricultural techniques. Here a woman grinds maize.

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