



# ANGLICAN BOARD OF MISSION

## *Working for Love, Hope & Justice*

Monday, January 23, 2017

### Free Lent Resources Encourage Travelling on the Slow Path

ABM has launched its annual Lent resources and this year offers an additional Easter app with the aim to facilitate a journey on the slow path of prayer and listening.

ABM's Education Missioner, the Rev Jazz Dow said, "This Lent, as we wait for resurrection, let's listen deeply to God. God's voice is most often heard in the voices of those whose voices are forgotten, silenced, marginalised, or unattractive. God's voice is to be heard through the prophets, the voices crying out in the wilderness."

"These voices can only truly be heard if we slow down and take a step back from the sound bites, the clanging symbols of political rhetoric fed to us by a constant stream of media coverage, the to-do lists of church life, the inner voice that constantly demands we do more, be more, consume more. God's voice is a still small voice heard when we take time, when we lower our voice and open our ears. It is heard in the most unlikely places, in the places that evoke deep prayer," she said.

This Lent ABM invites you to join us on the slow path of prayer and contemplation, of listening for God, a path of prayerful listening that carries us deeper into the mission of God's love in the world. Lent is traditionally a time of introspection and renewal, a time of turning around, turning towards God.

Rev Jazz said, "This is not navel-gazing, rather the complete opposite. If we are going to be able to live into God's mission in the world, it is integral that we take time, slow down and listen to God, and God's prophets. Through this process we find the ground of our being and the shape of our living."

Resources include

- Bible Studies written by The Very Rev Dr Greg Jenks, outgoing Dean of St George's College, Jerusalem.
- "Into the desert" contemplative book, an adaption of the ABM Lent app.
- "Into the desert" ABM Lent smartphone app
- Short contemplative sayings and prayers for pew sheets
- A brand new Easter smartphone app. This app follows on from the "into the desert" Lent app, with all new material.

You can download the free resources at [www.abmission.org/lent](http://www.abmission.org/lent)

**ENDS**

*The Anglican Board of Mission (ABM) is the national mission agency of the Anglican Church of Australia. For over 160 years ABM has been assisting people all over the world to proclaim the Gospel of Jesus Christ, provide health and education services, improve agricultural practices and strengthen the Church.*



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### CONTACT DETAILS

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High resolution photo attached for your use. **IMAGE**

ABM has sourced the image of the slow path from Michael Leunig's prayer. You may like to include this in your publications.

*Dear God,*

*We pray for another way of being:  
another way of knowing.*

*Across the difficult terrain of our existence  
we have attempted to build a highway  
and in so doing have lost our footpath.  
God lead us to our footpath:  
Lead us there where in simplicity  
we may move at the speed of natural creatures  
and feel the earth's love beneath our feet.  
Lead us there where step-by-step we may feel  
the movement of creation in our hearts.  
And lead us there where side-by-side  
we may feel the embrace of the common soul.  
Nothing can be loved at speed.*

*God lead us to the slow path; to the joyous insights  
of the pilgrim; another way of knowing: another way of being.*

*Amen.*

*- Michael Leunig*